

Guidance for guests during Coronavirus Pandemic

My main aim is to ensure my guests, cleaner and other residents in no.47 are safe and the relevant Government guidelines are followed explicitly! I have completed a couple of courses on the new protocols and I am pleased to say that my cleaner has also completed the "Landlord's Little Helper" course which has been very informative and helpful.

There is also advice from the Scottish Government on what to do if you become ill with Covid symptoms. Please also let me know immediately.

There inevitably are some changes and these are listed below.

As of 18/07/2020 the guidance allows people from up to 3 households to be in one house so long as they observe social distancing. This note will be updated when/if the guidance changes.

Your support with this guidance will be very much appreciated.

- Arrival time is from 4.00pm and our guests **must** vacate the apartment by 10.00am. This is to allow sufficient time to **clean** and **disinfect** the flat. Guests should not come into contact with the cleaner.
- Unfortunately we will not be able to provide a mid-stay clean for those staying two weeks, however there will be plenty of laundry products for you to use if you wish to wash your sheets etc.
- On arrival you will find **hand sanitizer** at the foot of the stairs. Please use this on entering and leaving no 47 or if going into the garden. This will help to protect all the residents in the block. We are concerned that the bannisters and door handles could be a very easy point of cross contamination. There is also hand sanitizer in the flat.
- All surfaces will have been cleaned and disinfected but please understand the books & CDs on the book shelf, the games in the cupboard behind the TV and leaflets in drawer will not have been disinfected. There is misting spray available for you to use on these items if you wish or they should be okay to touch after 72 hours.
- Cleaning cloths will be in the washing machine, we would be grateful if you could dry these and put them into the cleaner's box in the utility room.
- Please do not leave anything in the stairwell.

- **Before you leave:**
 - Open all windows, leaving them on the security lock.
 - All dishes, crockery, cutlery etc. must be washed in the dishwasher or in very hot water and put away in the cupboards.
 - Fridge must be emptied and no food left in the cupboards.
 - All rubbish must be removed and put into bins in garden.
 - All recycling must be removed from the flat.
 - Please strip the beds, including pillow cases and protectors. All dirty laundry should be put into blue laundry bags. Please keep towels separated from the sheets.

Covid-19 on the Premises

Guidance from the Scottish Government

“Suspected Covid-19 cases and guest self-isolation: What to do if a guest develops or arrives with Covid-19 symptoms?”

Scottish Government guidance states that:

In the event that a guest develops symptoms whilst staying away from home, they should immediately book a test through [NHS Inform](#) or, if they can't get online, by phoning **0800 028 2816**.

In accordance with [Test and Protect](#), people with symptoms are required to self-isolate for at least 7 days, and everyone in their household should isolate for 14 days. If the test is negative, everyone can end isolation. If the test is positive, everyone should continue to isolate, and the NHS Test and Protect team will be in touch to start contact tracing. Those contacted through the Test and Protect programme will be required to self-isolate for at least 14 days.

If guests who are isolating can travel home safely to isolate, avoiding the use of public transport, they should do this.

In the event that this is not possible, the guest should discuss this with the NHS Test and Protect team. The guest may be signposted to the **National Assistance Helpline on 0800 111 4000** if they need help to isolate and cannot arrange it themselves or through friends and family.

In some circumstances further discussion may be required with the local Health Protection Team and local authority to ensure that the person has suitable accommodation to isolate safely and effectively.

After the required period of self-isolation, guests and anyone else in their party who has been affected can then return to their main place of residence.

The guidance is set out at a high level to cover a range of eventualities and individual circumstances, but the principles below regarding seeking advice from the NHS test and protect team and avoiding risks of transmission are key.

Where is the nearest Test Site?

The NHS will inform the person of the nearest test site.”

